

FORT HILLS LODGES



Week 3

dexterra

Summer Menu

23/Aug/26 TO 29/Aug/26

MENU SUBMISSION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST HOT LINE						
HOT CEREAL						
TRADITIONAL OATMEAL	TRADITIONAL OATMEAL	TRADITIONAL OATMEAL	TRADITIONAL OATMEAL	TRADITIONAL OATMEAL	TRADITIONAL OATMEAL	TRADITIONAL OATMEAL
MAPLE BROWN SUGAR CREAM OF WHEAT	CREAM OF WHEAT	SUNNY BOY HOT CEREAL	BLUEBERRY CREAM OF WHEAT	CREAM OF WHEAT	SUNNY BOY CEREAL	MIXED BERRIES CREAM OF WHEAT
BREAKFAST PROTEINS						
BACON	BACON	BACON	BACON	BACON	BACON	BACON
ROAST BONE IN HAM	PORK BREAKFAST SAUSAGES	COUNTRY STYLE SAUSAGES	CHORIZO SAUSAGE	COUNTRY STYLE SAUSAGES	PORK BREAKFAST SAUSAGES	COUNTRY STYLE SAUSAGES
TURKEY BACON/CHORIZO SAUSAGE	BEEF SAUSAGES	TURKEY SAUSAGE	BEEF SAUSAGES	TURKEY BACON	BEEF SAUSAGES	TURKEY SAUSAGE
BREAKFAST STARCHES						
SUPERPATTY HASHBROWNS (deep fried)	DICED SAVOURY HASHBROWNS (deep fried)	SUPERPATTY HASHBROWNS (deep fried)	TATER TOT POTATO PUFFS (deep fried)	DICED SAVOURY HASHBROWNS (deep fried)	SUPERPATTY HASHBROWNS (deep fried)	SAVOURY POTATO WEDGES (deep fried)
GRILLED SHREDDED HASHBROWNS (grilled)	SKILLET POTATOES with onions (grilled)	GRILLED SHREDDED HASHBROWNS (grilled)	SKILLET POTATOES with onions (grilled)	GRILLED SHREDDED HASHBROWNS (grilled)	SKILLET POTATOES with onions (grilled)	GRILLED SHREDDED HASHBROWNS (grilled)
BAKED BEANS	BAKED BEANS	BAKED BEANS	BAKED BEANS	BAKED BEANS	BAKED BEANS	BAKED BEANS
BREAKFAST FEATURE ITEM						
CLASSIC EGGS BENEDICT	SAUSAGE EGG CHEESE ENGLISH MUFFIN (TO GO)	BACON & CHEESE SCRAMBLED EGGS	BACON EGG CHEESE BREAKFAST BAGEL (TO GO)	BUTTERMILK PANCAKES	EGG & CHEESE ENGLISH MUFFIN (TO GO)	CINNAMON FRENCH TOAST
DAILY OMELETTE BAR						
MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR	MADE TO ORDER OMELETTE BAR
FRESH BAKED BREAKFAST PASTRY						
CHERRY DANISH	OATMEAL MUFFIN	CROISSANT	BLUEBERRY MUFFIN	CARROT LOAF	SAUSAGE ROLL	BANANA MUFFIN

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COMFORT CORNER						
COMFORT CORNER ENTRÉES						
ROAST TURKEY WITH BREAD DRESSING	8oz SIRLOIN STEAK	MEXICAN CHILI ROAST CHICKEN	POLYNESIAN PUNEAPPLE ROAST PORK	PRIME RIB AU JUS	LIME SALSA ROAST CHICKEN	BBQ ROAST PORK
SALISBURY STEAK WITH MUSHROOM SAUCE	TANDOORI CHICKEN THIGHS	ROAST PORK WITH DIJON MUSTARD GRAVY	BYO GRILLED BURGER BAR-(BEEF, CHICKEN OR VEG PATTY)	KOREAN FRIED CHICKEN	BAKED LEMON PEPPER COD	SWEDISH MEATBALLS
CHICKPEA AND POTATO CURRY (VEG)	QUINOA STUFFED PEPPERS WITH TOMATO PESTO SAUCE (VEG)	BANGKOK PAD THAI (VEG)	TIKKA MASALA (VEG)	ASIAN GARLIC TOFU (VEG)	EGGPLANT CURRY (VEG)	ROASTED ZUCCHINI & SPINACH LASAGNA (VEG)
Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2
GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST
COMFORT CORNER SIDE DISHES						
MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO
ROAST POTATO	BAKED POTATO	ROAST HERB & GARLIC BUTTER POTATO	STEAMED BABY RED POTATOES	BAKED POTATO	BAKED POTATO WEDGES	PARSLEY BOILED POTATO
STEAMED WHITE RICE	BASMATI RICE	7 GRAIN RICE PILAF	WHITE RICE PILAF	JASMINE RICE	CITRUS RICE PILAF	HERB BUTTER RICE PILAF
COMFORT CORNER VEGETABLES (PLAIN STEAMED VEGETABLES ALSO AVAILABLE)						
ROASTED BRUSSEL SPROUTS	CORN ON THE COB	PEAS & CARROTS	MEXICAN CORN & BLACK BEANS	STEAMED ASIAN MIXED VEGETABLES	BUTTERED GREEN PEAS	STEAMED VEGETABLE MEDLEY
THYME ROASTED CARROTS	STEAMED BROCCOLI	BAKED ZUCCHINI PARMESAN	STEAMED HONEY GLAZED CARROTS	MAPLE ROASTED ACORN SQUASH	ROASTED CARROTS & PARSNIPS	ROASTED ZUCCHINI MEDLEY
GRILLHOUSE						
SOUP OF THE DAY						
FARMERS MARKET VEGETABLE TOMATO SOUP	BEEF & BEAN MINSTRONE	CHICKEN & RICE SOUP	SOUTHWEST BEEF & VEGETABLE SOUP (VEG)(LS)	PORK WON TON SOUP	FOSALADA BEAN SOUP (VEG)(LS)	CHICKEN VEGETABLE SOUP
CREAM OF CHICKEN & POTATO SOUP (VEG)(LS)	CAJUN CORN CHOWDER (VEG)(LS)	CREAM OF BROCCOLI (VEG)(LS)	CREAM OF MUSHROOM (VEG)(LS)	CREAM OF CAULIFLOWER (VEG)(LS)	NEW ENGLAND CLAM CHOWDER	CREAM OF TOMATO (VEG)(LS)
GRILLHOUSE ENTRÉES						
		BYO GRILLED BEEF BURGER BAR			THUNDER CRUNCH CHICKEN BURGER	BYO GRILLED BEEF BURGER BAR
VEGETABLE SPRING ROLLS	ONION RINGS	MOZZARELLA STICKS	SWEET AND SOUR CRISPY PORK	ZUCCHINI STICKS WITH MARINARA SAUCE	FARMERS MARKET QUESADILLA	POPCORN CHICKEN
HOMESTYLE CHICKEN POT PIE	CANTONESE BEEF EGG ROLLS	DEEP FRIED MUSHROOMS	DEEP FRIED PICKLES	HONEY GARLIC CRISPY BEEF	ALE BATTERED POLLOCK	BUFFALO SAUCED FALAFEL BALLS
GRILLHOUSE SIDE DISHES						
FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES
BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY
PASTA BAR						
BOW TIE PASTA	SPAGHETTI	PENNE PASTA	LINGUINI PASTA	FETTUCINE PASTA	PENNE PASTA	LINGUINI PASTA
CHICKEN ALFREDO CREAM SAUCE	ITALIAN MEAT SAUCE	FARMERS SAUSAGE CHIPOTLE TOMATO SAUCE	TOMATO SAUCE WITH MEATBALLS	CHICKEN MARINARA SAUCE	CREAMY CHICKEN PESTO SAUCE	TURKEY TOMATO SAUCE
SPICY TOMATO & SAUCE (VEG)	SPINACH ALFREDO SAUCE (VEG)	MUSHROOM & THYME ALFREDO SAUCE (VEG)	SPINACH ALFREDO SAUCE	GRILLED VEGETABLES WITH OLIVE OIL (VEG)	SPINACH & FETA CHEESE TOMATO SAUCE (VEG)	MUSHROOM CARBONARA (VEG)
ASSORTED PIZZA						
PEPPERONI & MUSHROOM & ONION PIZZA	DELUXE PIZZA	HAWAIIAN WITH FETA PIZZA	MEAT LOVER'S PIZZA	PEPPERONI PIZZA	SALMAI & HAM PIZZA	CANADIAN STYLE PIZZA
TOMATO BASIL PIZZA (VEG)	ROASTED VEGGIE PIZZA (VEG)	FOUR CHEESE PIZZA (VEG)	MUSHROOM & CHEESE PIZZA (VEG)	MARGHERITA PIZZA (VEG)	PESTO FETA CHEESE PIZZA (VEG)	EAST COAST GARLIC FINGERS (VEG)
FUSION CORNER						
AVAILABLE SELECTED NIGHTS						
Grilled Cheddar Smokie or Bratwurst	Pho' Noodle Bowls	Mexican Tacos	Shawarma Plate	Ramen Noodle Bowls	Beef or Chicken Korean Kimchi	Grilled Chicken Biryani Plate